



# Spring 2019 Newsletter

**This newsletter contains some new updates from your doctor's office.**

## MyFamilyMD

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### The Physicians of MyFamilyMD

**Dr. Jason Baker**  
BA, MD, CCFP(EM), FCFP  
Lead Physician

**Dr. S. Ellen Morsch**  
BScH, MD, CCFP, NCMP  
Certified Menopause Practitioner

**Dr. Faye Goldman**  
MD, MEd, CCFP, FCFP

**Dr. Sharon Hind**  
BScH, MD, CCFP, NCMP  
Certified Menopause Practitioner

**Dr. Stella Lee**  
BA & Sc, MD, CCFP

**Dr. Silvy Mathew**  
BSc, MD, CCFP, NCMP, FCFP  
Certified Menopause Practitioner

**Dr. Richard Wang**  
MD, CCFP

The end of 2018 and the beginning of 2019 have brought both joy and sadness to MyFamilyMD. In October, Dr. Baker and Dr. Morsch lost their eldest son. We thank you for your patience and understanding during this terrible time. We were so relieved to have a series of Locum Physicians step in to help cover their practices. Dr. Morsch will likely remain off for most of 2019.

Covering Dr. Morsch's practice is our new physician, Dr. Faye Goldman. Dr. Goldman is a seasoned professional who has brought her years of experience from Ottawa to MyFamilyMD. Dr. Goldman is also building her practice this year and is looking for new patients. She is a great fit and we are proud that she has decided to join us.

The doctors at MyFamilyMD are part of the Complete Care Family Health Organization (FHO). Through this group, our patients have access to after-hours clinics for urgent problems. The doctors of our FHO send each other reports about patient assessments in order to close your 'circle of care'. Both our website and phone system are updated regularly with after-hours care information. We discourage the use of walk-in clinics.

This year, we are aiming to phase out 'yearly physicals' in favour of tailored 'preventive health reviews'. As medicine modernizes, you may have less routine testing and interventions performed. Speak to your doctor about this change. Flu shots, pap tests, mammograms, bone density tests and colonoscopies will continue with a goal of preventing illness.

Each doctor at MyFamilyMD offers same-day appointments for urgent medical problems. Should you feel your problem needs to be addressed ASAP, call us and select option-5 for urgent appointment bookings.

We have now transitioned to our secure portal system through HealthMyself. We no longer use regular email. The portal offers a higher level of security for patient communication. It also allows you to book, cancel and manage appointments with your doctor. Over the last year, the number of messages sent through our portal has exceeded our use of telephony.

Included in this package are details on our annual Block Fee Program. We ask that you review this information carefully and consider enrolling this year. Your feedback and loyalty are important to us. Please let us know what improvements you would like to see in the future.

**It is a pleasure being your doctor.**

Sincerely,

*MyFamilyMD*